



Swimming

SA choir, bells, cymbal and piano

Words and music by Brendan O'Mahony 2020

Look at me now, where I am now,
I'm so alive, I love this feeling.
Take a deep breath,
with ev'ry stroke I feel like I can fly.

Fish on my left, sand on my right,
sun on my back, I love this feeling.
Take a deep breath,
with ev'ry stroke I reach up for the sky.

*I'm free,
I'm free,
I'm exactly where I want to be,
and no-one can take this away.*

*I'm free,
I'm free,
and this is where I feel like me.
I know ev'ry thing will be okay.*

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SingScore

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At a freestyle pace $\text{♩} = 68$

mf

The piano introduction consists of four measures. The right hand plays a melodic line with eighth and quarter notes, while the left hand provides a harmonic accompaniment with chords and moving lines. The dynamic is marked *mf*.

5

mp Look at me now,

measures 5-8

The second system contains measures 5-8. The vocal line begins in measure 5 with the lyrics "Look at me now,". The piano accompaniment continues with a similar rhythmic pattern. The dynamic is marked *mp*.

10

where I am now, I'm so a-live, I love this fee - ling. Take a deep breath, with

measures 9-13

The third system contains measures 9-13. The vocal line continues with the lyrics "where I am now, I'm so a-live, I love this fee - ling. Take a deep breath, with". The piano accompaniment features a steady eighth-note accompaniment in the right hand and chords in the left hand.

14

e - v'ry stroke I feel like I can fly. Fish on my left,

measures 14-17

The fourth system contains measures 14-17. The vocal line continues with the lyrics "e - v'ry stroke I feel like I can fly. Fish on my left,". The piano accompaniment maintains the eighth-note accompaniment in the right hand and chords in the left hand.

18

sand on my right, sun on my back, I love this fee - ling. Take a deep breath, with

22

e - v'ry stroke I reach up for the sky. *mf* I'm free, I'm

26

free, I'm ex - act - ly where I want to be, and no - one can take this a -

31

way. I'm free, I'm free, and this is where I

36

feel like me. I know e - v'ry thing will be o - kay.

41 **Bells**

45

49

53 plus cymbal crash

Musical score for measures 53-57. The score includes a piano introduction with a cymbal crash at the beginning. The piano part consists of a treble clef with chords and a bass clef with a walking bass line. Dynamics include *mp*.

58

Musical score for measures 58-62. It features a vocal line with lyrics and a piano accompaniment. Dynamics include *f*.

f Look at me now, where I am now, I'm so a-live, I

f I'm free, I'm free, I'm ex - act - ly where I

63

Musical score for measures 63-67. It features a vocal line with lyrics and a piano accompaniment. Dynamics include *f*. Includes a triplet in the piano part.

love this fee-ling. Take a deep breath, with e - v'ry stroke I feel like I can fly.

want to be, and no - one can take this a - way. I'm

68

Fish on my left, sand on my right, sun on my back, I love this fee-ling.
 free, I'm free, and this is where I feel like me. I

72

Take a deep breath, with e - v'ry stroke I reach up for the sky, reach up for the sky!
 know e - v'ry thing will be o - kay. Reach up for the sky!

78

Bells

p

p

82

Musical score for measures 82-85. The top staff features a melodic line with a long slur over measures 82 and 83, and another slur over measures 84 and 85. The middle and bottom staves contain piano accompaniment with various rhythmic patterns and articulation marks.

86

Musical score for measures 86-89. The top staff features a melodic line with a long slur over measures 86 and 87, and another slur over measures 88 and 89. The middle and bottom staves contain piano accompaniment with various rhythmic patterns and articulation marks.

90

rall.

Musical score for measures 90-93. The top staff features a melodic line with a long slur over measures 90 and 91, and another slur over measures 92 and 93. The middle and bottom staves contain piano accompaniment with various rhythmic patterns and articulation marks. The tempo marking "rall." is indicated above the staff.